



# ADDICTION... THERE IS AN ANSWER

## Skills in the Key of Life

A Recovery & Life Counseling/Coaching Service offering a revolutionary approach that supports transformational recovery work and leads you into sobriety by changing your focus from your addiction to your wound, and the opportunity for transformation through its healing.

We offer private, confidential and individual counseling for Substance Abuse, Dual Diagnosis, Behavioral Addictions (Eating, Sex, Shoplifting, to name a few). We also help families through our intervention program. LSK is fully credentialed with 20 years' of clinical experience.



Through compassionate counseling, interventions and case management, we will be your guide as you begin the journey of recovery. We work with families whose loved one is resistant to getting help. This is the first step. There is hope!

How does anyone become great at something? The answer is with practice and guidance. Skills in the Key of Life will guide people entering, or currently in recovery, practice their recovery and life skills. We will help you realize your potential so that you can become the person you were meant to be.

**Contact us for a completely CONFIDENTIAL assessment – Your New Life Begins Now!**

## SKILLS IN THE KEY OF LIFE

Serving all of Chester County, PA.

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